

PATTERDALE BOUNDARY WALK DESCRIPTION OF ROUTE

This description assumes that you have a map and compass and know how to use them, and that you are prepared for walking in a mountain environment. These notes accompany the above, not replace them!

There are not many places to get water on this route, so either take plenty of water or be prepared to use water from any streams you come across (not many!), preferably purifying it.

FIRST HALF (14 miles with 7,000ft of climbing)

Start off at Glencoyne Car Park (GR 386189). Walk south on obvious footpath to cross stream, then turn right up track to farm. Footpath goes through the farm and through the garden to the left of the house. Then follow footpath diagonally left up hill. It will pass what used to be the old school-house at Seldom Seen. Pass through a gate (see picture) just after and slightly higher than the Seldom Scene cottages.

Path from here is pretty obvious to saddle/col at GR362183. Note the fallen rocks on the way! The saddle is round the corner at the top left of the picture opposite.



Head NW on track (not marked on map but it's there! A bit boggy to start with) up **Greenside**. Follow path on ridge as it starts to move E, go to Spot Height 795, then continue E to the little cairn on **Stybarrow Dodd** (843m).



Head down SW then S to **Sticks Pass** (note the Ski Tow to the left on the N face of Raise), and up the track to **Raise**.

Head down SW and up SW to **spot height 863**, then S up the main ridge to Hellvellyn. The track will start to bear SE, past the large cairn denoting where Swirral Edge starts, then past great views of Red Tarn down below, and on to the summit of **Hellvellyn** (949m), which will be obvious from the probable bee-hive of crowds around it! You will then pass the four-way, cross-shaped shelter.



Head down S and then up S to **Nethermost Pike**. As you look back you will see the infamous Striding Edge, which will no doubt have its usual caterpillar trail of people on it. In front of you to the left will be St Sunday Crag...an impressive steep face of rock. Keep heading S (down and then up again) till track bends slightly SE, and arrive at **Dollywagon Pike**.



Ignore the main track and take the less well travelled, grassier, and fairly steep track SSE to the saddle/col to the right of and just above **Grisedale Tarn** (574m). Might be worth having a little rest here as you are about half way round, but with some steep uphill sections still to come! It might also be worth replenishing your water. There is some running water about 200m E of the saddle before it enters the tarn.



Head S up the steep slope to **Seat Sandal** (736m). It's a steep but short climb, worth it for the views from the top in every direction. Descend steeply E and NE down towards the S side of Grisedale Tarn, to the saddle/col (at 640m) with Fairfield (GR349117). Climb up the steep, stony and tiring track towards **Fairfield** (873m).



Once on the top of Fairfield, on a fair day you can see back to Seat Saddle, and almost the whole way you have just come over Hellvellyn etc, and also a great deal of the route ahead of you. Gently rolling hillsides now to contrast with some of the steep climbs you have just done!



Looking back towards
Hellvellyn



Looking forwards to the rest
of the first half of the
Boundary Walk.



From Fairfield head E then
SE to **Hart Crag** (822m), then
E and SE again to spot height
792m.



Keep going S and the stone wall will exhibit a metal fence post on the right. At this fence post head off left (NE) on a faint track in the grass and follow the track in the direction of the metal fence posts. It will follow old metal fence-posts, zig-zagging a bit over the hillsides in a generally ENE direction, then SE, skirting E around the rocky spot height 637m, before eventually descending SE to the Scandale Pass (GR 387095). If it is clear you will have been able to stare at the final section of uphill of the first half. Follow the wall up to near the top (the track follows the line of the wall, not the line of the footpath marked on the OS map).



When near the top of the ridge in front of you turn off on the track left (NE then SE) until you reach **Spot Height 776m on Raven Crag**.



From spot height 776m head S taking the steep track down to **Kirkstone Pass** car park and the end of the first 'half' of the Patterdale Boundary Walk. This is a steep and rocky descent, with tired legs, so take care!



SECOND HALF OF PATTERN DASLE BOUNDARY WALK (12 miles with 4,200ft of climbing)

Start from the Car Park at the top of Kirkstone Pass (GR 401081).
Head NE up to St Raven's Edge.



Follow the gently undulating track NE-ish via Pike How to Stony Cove Pike (763m)



Descend steeply on rocky ground, which requires very mild scrambling in one or two places, to come to the saddle/col of Threshthwaite Mouth (GR 426102).



Another fairly steep but short ascent follows to **the Beacon** at **Spot Height 784m**. On a good day, spectacular views are had on the ascent to both the south (Windermere)....



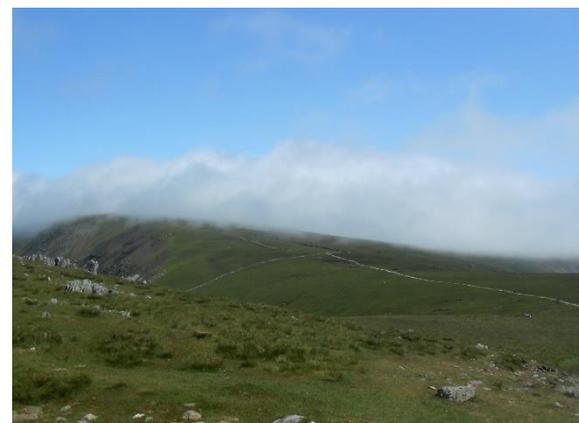
and north (Ullswater).



You then arrive at **the Beacon**.



From the Beacon head E then NE (following the stone boundary wall rather than the obvious wide track if you wish to be purist!) up the gentle slope towards **High Street (828m)**.



From the summit and trig point of High Street you can, on a good day, see much of the first half of the Boundary Walk to the west.



Gentle slopes N, with great views, take you to **the Knot (739m)**.....



....and then slightly steeper NW to **Rest Dodd (636m)**, where you will probably want to action its name!



Rest Dodd has an array of different cairns on it, each probably arguing with each other as to which is the actual summit. The small westernmost one probably has the best claim, despite the size of the others! The next destination point of Angle Tarn just peeks through the hills lower down to the NW.



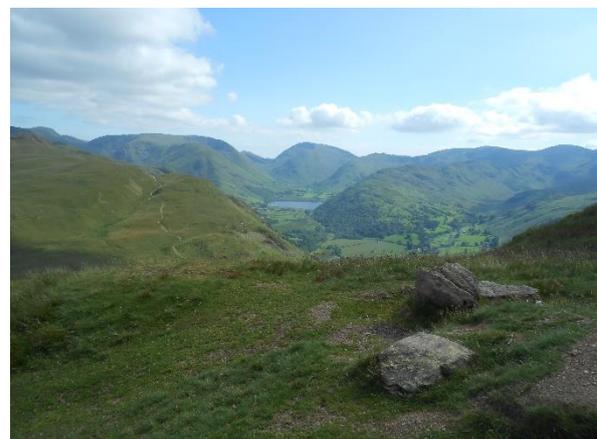
Head NW to **Angle Tarn**, with yet more beautiful views forwards and backwards on a good day as you travel, and then from Angle Tarn to the saddle/col at Boredale Hause (GR 406156).



As you approach Boredale Hause you will see the steep final ascent of the Boundary Walk up to Place Fell. It's not as steep as it looks, but after a long day's walking it will feel much steeper!



The views back S reveal how far you have come!



There is a very small section of hands on easy scrambling near the top of the ridge. After the top there is a 500m walk N to the actual summit, which has a clear view N to Ullswater.



Then follows the steep descent! It starts off heading N as grassy, but soon turns into gnarly loose rock. It turns back on itself SW, continuing to be loose rock till you almost reach the farm track. Once on the farm track it's an easy and welcome walk via Side Farm to Patterdale School, where you can pat yourself on the back for having completed a great walking challenge!

Patterdale School from ridge of Place Fell

